

The Ultimate Summer Camp Packing List

DAY CAMP ESSENTIALS

Print this list and check off items as you pack!

Clothing and Footwear:

- Comfortable clothes that can get dirty
- Closed-toe shoes (no flip-flops)
- Extra socks
- Bathing suit (if camp has water activities)
- Change of clothes (accidents happen!)
- Hat or visor for sun protection



Sun and Safety:

- Sunscreen (SPF 30+, labeled with child's name)
- Bug spray
- Any medications (in original container, labeled with child's name)

Food and Hydration:

- Labeled water bottle (reusable)
- Lunch in insulated lunch box with ice pack
- Healthy snacks
- Allergy-safe foods (if needed)



Extras:

- Backpack (labeled with name)
- Towel (for water play)
- Plastic bag for wet/dirty clothes



Find the perfect camp for your child:



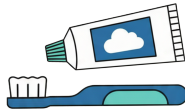
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SLEEPAWAY CAMP

Bedding:

- Sleeping bag OR twin sheets + blanket
- Pillow + pillowcase
- Flashlight with extra batteries
- Small fan (if allowed)

Toiletries:



- Toothbrush + toothpaste
- Shampoo + conditioner
- Soap/body wash
- Deodorant
- Brush/comb
- Towels (2 bath, 1 beach)
- Shower caddy
- Flip-flops for showers
- Feminine products (if needed)
- Any prescription medications

Clothing:

(Multiply by # of days)

- Underwear & socks (+ 3 extra pairs)
- Shorts
- T-shirts
- Long pants (1-2 pairs)
- Pajamas
- Raincoat or poncho
- Closed-toe shoes (2 pairs minimum)
- Sandals for showers
- Bathing suit(s)
- Sunglasses



Extras for Homesickness:

- Photos from home
- Stamped, addressed envelopes
- Small comfort item
- Letters from parents (give to counselor to distribute)
- Good Books



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DO NOT PACK

Leave at Home:

- Electronics (phones, tablets, gaming devices)
- Expensive jewelry
- Pocket knives or weapons
- Candy/gum (attracts animals)
- Aerosol sprays
- Anything you can't afford to lose



Labeling Tips:

- Use permanent marker or iron-on labels
- Label EVERYTHING including socks and underwear
- Take photos of packed items (helps with lost & found)

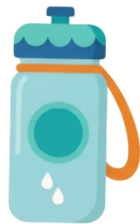


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SPECIAL CAMP TYPES

Sports Camp Additions:

- Athletic equipment (if not provided)
- Mouthguard
- Athletic supporter (if needed)
- Reusable water bottle (large)



STEM/ Tech Camp:

- Laptop/tablet (if specifically requested)
- Protective case
- Charger



Horseback Riding Camp:

- Riding helmet (if you have one)
- Long pants for riding
- Boots with heel



Art Camp:

- Smock or old t-shirt for messy activities
- Portfolio folder (if creating take-home art)

